

Ranking Circuito Trail Valongo M50 - 2016



Rk	RkCat	Nome	Sexo	Clube	Cat	Idade	DN	Tempo Paleozoico	Pontos Paleozoico	Tempo 4caminhos	Pontos 4caminhos	Tempo Stalusta	Pontos Stalusta	Tempos Trail Not. Valongo	Pontos Trail Not. Valongo	TOTAL
6	1	JOSE MOTA	M	CICLISTAS CÔSMICOS - GISLÓTICA	M50	54	06-10-1962	02:18:48	808	02:21:52	852	03:20:38	890	0	0	2550
17	2	VITOR MOREIRA	M	Individual	M50	51	24-05-1965	02:51:36	654	02:50:46	708	04:18:15	691	02:04:59	707	2106
42	3	AMERICO PINTO	M	CCDTC.M.GONDOMAR	M50	54	24-03-1962		0	02:28:16	815	03:41:27	806	0	0	1621
55	4	CARLOS GANDRA	M	GTT - Armazém do Caffè	M50	51	06-10-1965		0	02:36:59	770	03:48:22	782	0	0	1552
60	5	ANGELO PEREIRA	M	CENTRO CICLISTA DE GONDOMAR	M50	54	09-07-1962	02:31:56	738		0	03:53:18	765	0	0	1503
61	6	HENRIQUE SANTOS	M	Individual	M50	50	28-09-1966		0	02:40:08	755	04:02:55	735	0	0	1490
70	7	ANTONIO AZEVEDO	M	Nascidos para Correr	M50	53	23-04-1963	02:31:42	739	02:55:02	690	0	0	0	0	1429
106	8	ALCINO VIEIRA	M	FITSPOT-Parque Nascente	M50	52	06-07-1964	03:24:02	550	02:59:10	674	0	0	0	0	1224
107	9	ANTONIO PAIS	M	Individual	M50	51	22-12-1965	02:58:01	630	03:24:29	591	0	0	0	0	1221
117	10	FERNANDO CONCEICAO	M	Invicta Runners Team	M50	52	01-01-1964	03:29:39	535		0	04:31:27	658	0	0	1193
126	11	FERNANDO OLIVEIRA	M	Individual	M50	55	04-02-1961	03:14:41	576	03:31:37	571	0	0	0	0	1147
127	12	JOAQUIM LEITE	M	Leões de Tardariz Trail	M50	54	01-09-1962		0	03:42:53	542	04:55:15	605	0	0	1147
135	13	HENRIQUE PEREIRA	M	Individual	M50	51	04-03-1965		0		0	05:41:49	522	02:29:45	590	1112
149	14	JOAO ROCHA	M	CÃES D'AVENIDA	M50	52	24-05-1964	04:07:59	452	03:37:02	557	0	0	0	0	1009
171	15	HUMBERTO VARA	M	Individual	M50	52	24-02-1964		0		0	03:22:21	882	0	0	882
173	16	FRANCISCO LEMOS	M	AMIGOS DO PEDAL TRAILAGARES	M50	54	27-12-1962		0		0	03:23:27	878	0	0	878
183	17	JOSE CABRAL	M	NOMEIODONADA	M50	57	03-04-1959		0	02:24:49	835	0	0	0	0	835
186	18	AMADEU TEIXEIRA	M	AMIGOS DO PEDAL TRAILAGARES	M50	57	05-12-1959		0		0	03:35:43	828	0	0	828
197	19	NUNO PAIO	M	GONDOMAR FUTSAL CLUBE	M50	50	29-05-1966	02:19:13	806		0	0	0	0	0	806
246	20	MAXIMIANO BORGES	M	AMIGOS DO ATLETISMO MAGNA	M50	54	12-12-1962	02:33:31	731		0	0	0	0	0	731
254	21	JOSE GOMES	M	Ligeirinhos	M50	56	09-04-1960	02:34:21	727		0	0	0	0	0	727
259	22	DIONISIO SOUSA	M	Individual	M50	51	24-06-1965	02:34:43	725		0	0	0	0	0	725
267	23	VASCO FIGUEIREDO	M	Individual	M50	51	15-06-1965		0	02:47:54	720	0	0	0	0	720
272	24	JOSE LOUREIRO	M	Autistic Runners	M50	55	02-02-1961		0	02:48:48	716	0	0	0	0	716
281	25	ANTONIO TEIXEIRA	M	Clube Zupper	M50	57	20-10-1959	02:37:52	710		0	0	0	0	0	710
306	26	JOAO ALMADA	M	ADTravassô	M50	57	21-09-1959	02:40:10	700		0	0	0	0	0	700
317	27	MANUEL OLIVEIRA	M	Os Falta D'Ar	M50	50	05-04-1966	02:41:53	693		0	0	0	0	0	693
350	28	BENTO MORAIS	M	AMIGOS DO ATLETISMO MAGNA	M50	53	05-05-1963	02:46:46	673		0	0	0	0	0	673
351	29	ALEXANDRE SILVA	M	AMIGOS DO ATLETISMO MAGNA	M50	57	09-08-1959	02:46:47	672		0	0	0	0	0	672
370	30	CARLOS FAZENDEIRO	M	Os Falta D'Ar	M50	55	21-10-1961	02:50:04	660		0	0	0	0	0	660
386	31	ANTONIO LOUREIRO	M	Autistic Runners	M50	50	03-04-1966		0	03:05:15	652	0	0	0	0	652
389	32	HELDER BAPTISTA	M	Clube Millennium BCP	M50	50	08-10-1966	02:52:58	648		0	0	0	0	0	648
394	33	ANTONIO PEREIRA	M	AMIGOS QUINTA DAS FREIRAS	M50	58	08-12-1958		0	03:06:58	646	0	0	0	0	646
402	34	LUIS MOTA	M	Individual	M50	51	30-06-1965	02:54:22	643		0	0	0	0	0	643
411	35	JOSE PINTO	M	CICLISTAS CÔSMICOS - GISLÓTICA	M50	51	24-03-1965		0		0	04:39:17	639	0	0	639
413	36	ARNALDO MARINHO	M	grupo desportivo leoes de veneza	M50	57	15-09-1959		0	03:09:22	638	0	0	0	0	638

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421	37	ALCINDO PEREIRA	M	PORTOCARGO	M50	56	07-07-1960	02:56:38	635		0	0	0	0	0	635
425	38	CARLOS FERREIRA	M	GD BPI	M50	54	25-09-1962	02:57:01	634		0	0	0	0	0	634
436	39	ANTONIO TEIXEIRA	M	Fridão Sem Limites	M50	56	01-08-1960		0		0	04:43:59	629	0	0	629
508	40	HENRIQUE MARTINS	M	Individual	M50	55	11-04-1961	03:06:53	600		0	0	0	0	0	600
516	41	JOSE VIEIRA	M	OS ROTOS	M50	51	04-05-1965	03:08:04	596		0	0	0	0	0	596
518	42	JOSE NEVES	M	Voleibol Runners	M50	50	29-09-1966	03:08:48	594		0	0	0	0	0	594
559	43	VITOR RIBEIRO	M	GONDOMAR FUTSAL CLUBE	M50	54	29-07-1962	03:13:32	579		0	0	0	0	0	579
578	44	PAULO RODRIGUES	M	grupo desportivo leoes de veneza	M50	54	23-06-1962		0	03:30:55	573	0	0	0	0	573
579	45	Gil	M	Individual	M50	50	15-08-1966		0		0	05:11:21	573	0	0	573
585	46	PEDRO SOUSA	M	GONDOMAR FUTSAL CLUBE	M50	50	14-11-1966	03:16:34	571		0	0	0	0	0	571
587	47	ARNALDO PEREIRA	M	Individual	M50	50	18-09-1966	03:16:43	570		0	0	0	0	0	570
592	48	ANTONIO SOUTO	M	KeMedo Team	M50	56	22-08-1960		0		0	05:13:34	569	0	0	569
614	49	JORGE CALMEIRO	M	Clube Millennium BCP	M50	53	27-06-1963	03:20:11	560		0	0	0	0	0	560
620	50	MANUEL RODRIGUES	M	Individual	M50	51	23-09-1965	03:21:05	558		0	0	0	0	0	558
636	51	ERNESTO MARTINS	M	LION RUNNERS - G. D. LEÕES DA GUARDA	M50	54	23-03-1962	03:23:10	552		0	0	0	0	0	552
650	52	JOAO COSTA	M	Ligeirinhos	M50	57	14-11-1959	03:25:03	547		0	0	0	0	0	547
662	53	AUGUSTO TAVARES	M	ALIVE	M50	53	14-10-1963	03:25:42	545		0	0	0	0	0	545
666	54	JOAO SOARES	M	Individual	M50	50	25-09-1966	03:26:25	543		0	0	0	0	0	543
667	55	LUIS ALMEIDA	M	LION RUNNERS - G. D. LEÕES DA GUARDA	M50	54	08-09-1962	03:26:20	543		0	0	0	0	0	543
685	56	ADRIANO MOREIRA	M	Gangue das Maças	M50	57	26-11-1959	03:29:03	536		0	0	0	0	0	536
691	57	FERNANDO CARVALHO	M	SS MONTEPIO	M50	51	05-03-1965		0	03:46:13	534	0	0	0	0	534
715	58	MARIO SOARES	M	LION RUNNERS - G. D. LEÕES DA GUARDA	M50	57	25-06-1959	03:35:58	519		0	0	0	0	0	519
721	59	PEDRO SA	M	Moinhos Run - ADRM	M50	50	11-10-1966	03:37:31	516		0	0	0	0	0	516
723	60	MANUEL LIMA	M	experiençar	M50	57	19-04-1959		0	03:54:22	515	0	0	0	0	515
738	61	ANTONIO CELESTE	M	Individual	M50	53	13-09-1963	03:42:41	504		0	0	0	0	0	504
767	62	JOAO GIL	M	Soulmates Trail Team	M50	59	10-04-1957	03:49:01	490		0	0	0	0	0	490
773	63	JUSTINO GONCALVES	M	Individual	M50	58	13-06-1958	03:50:22	487		0	0	0	0	0	487
788	64	RUI QUINTA	M	Moinhos Run - ADRM	M50	56	06-06-1960	03:55:29	476		0	0	0	0	0	476
801	65	JOAQUIM MATOS	M	GONDOMAR FUTSAL CLUBE	M50	56	27-09-1960	04:01:21	465		0	0	0	0	0	465
805	66	JOAO SILVA	M	Individual	M50	56	24-07-1960	04:03:06	461		0	0	0	0	0	461
808	67	JOAQUIM TRINDADE	M	Individual	M50	57	08-10-1959	04:05:13	457		0	0	0	0	0	457
813	68	LUIZ BLANQUET	M	Individual	M50	55	15-03-1961	04:07:14	454		0	0	0	0	0	454
832	69	ARTUR SARAIVA	M	Metralhas Runners	M50	52	21-01-1964	04:13:15	443		0	0	0	0	0	443
835	70	ARMANDO MOREIRA	M	Individual	M50	50	10-07-1966	04:14:13	441		0	0	0	0	0	441
847	71	JOAO MARAFONA	M	DUROS VL	M50	50	16-06-1966	04:22:51	427		0	0	0	0	0	427
867	72	ANTONIO MAGALHAES	M	autistic.runners	M50	56	10-03-1960	04:28:06	418		0	0	0	0	0	418

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895	73	FERNANDO DIAS	M	EM'Força – Corremos com a Esclerose Múltipla	M50	59	25-04-1957	04:47:48	390		0	0	0	0	0	390
906	74	VALTER BARBOSA	M	Individual	M50	51	19-01-1965	04:53:00	383		0	0	0	0	0	383
907	75	FERNANDO MAUTEMPO	M	Individual	M50	59	17-02-1957	04:53:00	383		0	0	0	0	0	383
911	76	LUIS ALVES	M	Bolts	M50	50	05-06-1966	04:58:12	376		0	0	0	0	0	376